The Busy Family Grocery List

Staples
__ Baking Soda
__ Baking Powder
__ Brown Sugar
__ Flour
__ Oil, Olive
__ Oil, vegetable
__ Pepper
__ Powdered Sugar
__ Salt
__ Sugar

Canned Foods
__ Corn
__ Beans (green)
__ Beans (kidney)
__ Beans (refried)
__ Fruit Cocktail
__ Peaches
__ Pears
__ Peas
__ Pineapple
__ Soup
__ Spaghetti sauce
__ Tomato sauce
__ Tomatoes
__ Tuna

Boxed/Bagged Foods:
__ Bagels
__ Bread
__ Cake mix
__ Cereal
__ Chips
__ Chocolate Chips
__ Cookies
__ Crackers
__ Jello, pudding
__ Oatmeal
__ Pancake Mix
__ Pasta
__ Rice, Brown
__ Rice, white

Dairy:
__ Butter
__ Cheese
__ Cottage Cheese
__ Cream Cheese
__ Creamer
__ Eggs
__ Ice Cream
__ Milk
__ Yogurt

Meat
__ Bacon
__ Beef, ground
__ Beef, roast
__ Beef, steak
__ Chicken
__ Fish
__ Lunch Meat
__ Pork
__ Sausage

Produce:
__ Apples
__ Bananas
__ Carrots
__ Celery
__ Cucumber
__ Lettuce
__ Melon
__ Potatoes
__ Onions
__ Oranges
__ Tomatoes

Spices:
__ Basil
__ Bullion Cubes
__ Chili Powder
__ Cinnamon
__ Cumin
__ Garlic
__ Lemon Pepper
__ Lemon Juice
__ Nutmeg
__ Onion Powder
__ Oregano
__ Parsley
__ Sage
__ Thyme
__ Other

Paper/Plastic:
__ Aluminum Foil
__ Garbage bags
__ Napkins
__ Paper Towels
__ Plastic bags
__ Plastic wrap
__ Plates
__ Tissue
__ Toilet Paper
__ Utensils

Pets:
__ Dog Food
__ Cat Food
__ Kitty Litter

Personal:
__ Floss
__ Q-tips
__ Pads/Tampons
__ Razor
__ Shampoo
__ Soap
__ Toothpaste

Cleaning:
__ Bathroom cleaner
__ Bleach
__ Dish cloths/towels
__ Dishwashing liquid
__ Dishwashing soap
__ Fabric softener
__ Floor Cleaner
__ Laundry detergent
__ Sponge/Scrubber
__ Toilet cleaner
__ Window cleaner

Drinks:
__ Coffee
__ Juice
__ Powdered mix
__ Soda
__ Tea

Frozen:
__ Cool-Whip
__ Nuggets
__ Pie
__ Pizza
__ Snack/Dinner
__ Vegetables
__ Waffles

Condiments:
__ Jelly
__ Ketchup
__ Mayo
__ Mustard
__ Pancake Syrup
__ Peanut Butter
__ Salad Dressing
__ Vinegar

Misc:
__ Candles
__ Flowers
__ Insect repellant
__ Light Bulbs
__ Matches
__ Mouse trap

Don't Forget:
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